

UVA SCHOOL OF NURSING'S INAUGURAL COMPASSIONATE CARE RESEARCH SYMPOSIUM

Friday, March 21, 2025
9:00 a.m. – 12:00 noon
McLeod Hall, room 5060

*Co-sponsored by UVA School of Nursing Compassionate Care Research
and the Compassionate Care Initiative*

Guest Presentations by:



Patricia (Tish) Jennings, MEd, PhD (she/her)
Professor of Education, UVA School of Education and Human
Development



Michael Sheehy, PhD (he/him)
Research Associate Professor, Director of Research,
UVA Contemplative Sciences Center

AGENDA:

Welcome and Opening Remarks Virginia LeBaron (she/her) <i>Kluge-Schakat Associate Professor of Compassionate Care UVA School of Nursing</i>	9:00-9:10
Lili Powell (she/her) <i>Director, Compassionate Care Initiative Associate Professor, UVA School of Nursing Julie Logan Sands Associate Professor, Darden School of Business</i>	
Keynote <i>Compassionate Care Research: Cultivating Resilient Communities</i> Tish Jennings <i>See page 3 for speaker bio.</i>	9:15-9:45
Networking and Refreshment Break	9:45-9:55
Lightning Talks – Round 1 <i>See page 4 for order of speakers and topics.</i>	10:00-10:45
Guest Presentation <i>Research + Innovation at the Contemplative Sciences Center</i> Michael Sheehy <i>See page 3 for speaker bio.</i>	10:50-11:05
Networking and Refreshment Break	11:05-11:15
Lightning Talks – Round 2 <i>See page 5 for order of speakers and topics.</i>	11:15-11:50
Conclusion & Closing Remarks Virginia LeBaron	11:50-12:00

With gratitude to the UVA School of Nursing Office for Nursing Research, Amber Steen, and Hannah Crosby for their invaluable support of this event!

GUEST SPEAKER BIOS:

Patricia (Tish) Jennings, MEd, PhD (she/her)

Professor of Education, UVA School of Education and Human Development

Patricia (Tish) Jennings, Professor of Curriculum, Instruction, and Special Education at the UVA School of Education and Human Development is an internationally recognized leader in the fields of social and emotional learning and mindfulness. Her research has pioneered applying contemplative science to solve difficult problems in education – and has applicability to the healthcare context. Professor Jennings was awarded the UVA Distinguished Researcher Award in 2023 and the Distinguished Scholar Award from the Collaborative for Social and Emotional Learning (CASEL) in 2024. Earlier in her career, Professor Jennings spent more than 22 years as a teacher, school director and teacher educator. Since 2007, Professor Jennings has helped develop and lead the CARE (Cultivating Awareness and Resilience in Education) program for educators, which has received multiple grants from the U.S. Department of Education. For this keynote address, Professor Jennings will offer a comprehensive exploration of research and practical approaches designed to foster compassionate, resilient communities, with a particular focus on educational contexts.

Michael Sheehy, PhD (he/him)

Research Associate Professor, Director of Research, UVA Contemplative Sciences Center

Michael Sheehy is a research associate professor and director of research at the Contemplative Sciences Center where he is principal at the CIRCL, Contemplative Innovation + Research Co-Lab and editor-in-chief of the Journal of Contemplative Studies. He trained extensively with contemplative traditions in Asia, and for the past decade, has collaborated on transdisciplinary teams to make meditation research relevant to discourses in the humanities, cultural psychology, and the cognitive sciences. His work has been featured in Psyche magazine and National Geographic.

LIGHTNING TALKS – ROUND 1 SPEAKERS & TOPICS:

**Indicates recipient of Compassionate Care Research Pilot Funding*

Alanna Bergman, Post-Doctoral Fellow (she/her)

Co-authors: Emma Mitchell; Stellah Mpagama; Scott Heysell

Rethinking Substance Use During Rifampicin-Resistant TB Treatment to Promote Compassionate Care

***Lauren Catlett, PhD Student (they/them)**

Developing a Web-based Healthcare Decisions Resource for Transgender and Gender-Diverse Older Adults: A Human-Centered Design Approach

Crystal Chu, Post-Doctoral Fellow (she/her)

Co-authors: Jennifer Goldman; Hye Song Joung; Sarah Go; Randy Jones; JT Stranix

Decision and Social Support Needs for Patients Undergoing Gender Affirming Mastectomy

***Carmen Diaz, Post-Doctoral Fellow (she/her)**

Co-authors: Beth Epstein; Kelly Reed; Virginia LeBaron

Exploring How Moral Distress Consults Actualize Organizational Compassion in Healthcare

Irene Guterman, PhD Student (she/her)

Co-authors: Jessica Keim-Malpass; Wendy Cohn

Exploring the Relationship Between Chronological Age and Communication in Newly Diagnosed Cancer Patients

Natalie May, Faculty (she/her)

Co-authors: Julie Haizlip; Katy Hall

Attending to Student Mattering in Health Professions Education: Leading by Example

Katy Hall, Faculty (she/her)

Co-authors: Beth Epstein

Exploring the Relationship Between the Hospital Ethical Climate and Nurse Mattering

Hye Song Joung, PhD student (she/her)

Co-authors: Randy Jones

What is Shared Decision-Making in U.S. Cancer Care? A Scoping Review

LIGHTNING TALKS – ROUND 2 SPEAKERS & TOPICS:

**Indicates recipient of Compassionate Care Research Pilot Funding*

***Kathryn Laughon, Faculty (she/her)**

Co-authors: Sarah Eaton; Carmen Diaz

Understanding the Social Networks of Abused and Non-Abused Individuals

Victoria Petermann, Post-Doctoral Fellow (she/her)

Co-authors: Dominique Tobbell; Virginia LeBaron

Use of Opioid Prescribing Contracts in Oncology Care Settings

Jami Prevete, PhD Student (she/her)

Co-authors: Shawn Price; Connie Clark; Kathryn Laughon

From Injury to Healing: Community-Informed Development of a Hospital-Based Violence Intervention Program

Kathryn Reid, Faculty (she/her)

Co-authors: Cypress Kropko; Kable Pluger; Esther Lozano Otis

Impact of a Unit-Based Wellness Intervention on Staff Satisfaction

Ginger Richardson, Faculty (she/her)

Closing the Mental Health Treatment Gap for Rural Adolescents: An Evidence-Based Collaboration in a Public High School

Juehyun Shin, PhD student (she/her)

Co-authors: Katrina Debnam; Guofen Yan

Ostomy Leakage, Odor, and Peristomal Skin Complications as Predictors of Anxiety in Colorectal Cancer Survivors: A Cross-Sectional Study

Justin Vinh, Undergraduate (he/him)

Co-authors: Peter Tessier; Krish Kapur; Aimee Kang

The C4 Initiative: Finding Friends and Combatting Loneliness